David,

In about 2004 I went to see my chiropractor complaining about sore joints along with a few other things. I told the Doctor if we could just lubricate my joints I believe they would feel better. He told me he had something that would perhaps help. It was a special formulation of chondroitin and it did help. I was supposed to take two pills a day. Before long I was taking six pills a day. Well, the doctor died and I couldn't get the pills anymore so I went to the usual chondgroitin and glucosomine. Again, I was taking a lot more pills than I was supposed to but not getting total relief. Then I met David Burt and he was talking about alkaline water and what it could do for joints by getting better hydration and he agreed to let me use a unit for thirty days or so to prove it. (of course I was skeptical). This all happened a few months ago and I now have no joint pain. I know that alkaline water has other benefits but this one happened so quickly I'll gladly wait to see what else it can do.....and not be hurting in the mean time.

Gail Dunn